Debriefing Practices and Wellbeing in Healthcare Workers

The Team (so far)

Calvin Burns, Tom Evans, & Gina Finnerty
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Calvin Burns, Senior Lecturer in Occupational Psychology. He is interested in the psychology of risk and trust in high-hazard / safety critical organisations (e.g. hospitals, oil & gas, construction, water utilities, military). His work in this area is usually applied to safety management and investigates how trust in supervisors / managers impacts individual worker behaviours (eg. compliance with safety rules, and affiliative and challenge safety citizenship behaviours) and ultimately safety outcomes (eg. number of accidents, near-misses).

Thomas Rhys Evans, Associate Professor in Occupational Psychology. Tom is interested in meta-science and emotional intelligence, and has a passion for working on collaborative and open research projects which drive real-world impact.

Gina Finnerty, Senior Lecturer in Midwifery. She has an interest in the senior workforce and resilience of frontline NHS staff in clinical practice.

The Research Question and Aims

What is known about the effects of debriefing practices on the wellbeing/emotional outcomes of healthcare workers?

This project will provide the most comprehensive review of the effects of debriefing on the well-being of healthcare workers. It will be used to make recommendations to adapt debriefing practices that improve both clinical outcomes and the well-being of healthcare workers.

The Plan and Aims for the SGM

Collaborate towards _refined focus

> Systematic Literature Review (NIRO)

Piloting of approach to establish feasability

Funding bid for roll-out and evaluation

Improvements to the wellbeing and emotional states of healthcare staff